

## Continuing Education Module

### Motivational Interviewing: Supporting Patients in Health Behavior Change

This online course is designed to equip healthcare providers and ancillary staff with the knowledge and tools to optimize patient behavior change to ultimately improve health outcomes. The goals of the course are to:

- Implement effective patient communication strategies based on individualized readiness to make a behavior change
- Increase healthcare providers' knowledge on the importance and utilization of the patient-centered model of behavior change
- Implement motivational interviewing techniques during patient visits for improved health outcomes

### Intended Audience

The intended audience for this course is any healthcare provider or ancillary staff that has direct patient care, especially those in family and pediatric medicine.

### Continuing Education Credits

Continuing Medical Education (CME) for physicians, Continuing Educational Units (CEU) for nursing and Continuing Professional Education (CPE) units for dietitians are provided when taking this module. A certificate of completion will be issued. There is currently no charge.

Take the online course now [Motivational Interviewing: Supporting Patients in Health Behavior Change](#)

